

## Instructions and schedule Czech SUP Championship „Prague Paddle Fest, Živohošť“

**When: 26-28th August 2022, Friday-Sunday**

**Where: Kemp a tábořiště Nová Živohošť, [web](#)**

**Parking in the area. Pay in cash.**

### **REGISTRATION ONLINE: Deadline 26th August, 12:00 (noon)**

**COVID-19 INFO:** The race will be held in conformity with thy actual hygienic rules for Czech republic. ► In these days there are no restrictions. Please, don't participate if you have any Covid symptoms or you are sick.

---

ORGANISER: VSM Production and Zkuspaddleboard.cz

Česká Federace Stand Up Paddle – for riders

Contact: [administrace@cfsup.cz](mailto:administrace@cfsup.cz)

---

### ► **Schedule:**

Schedule of the Festival for everybody [HERE](#)

#### FRIDAY 26/8/2022 ► FESTIVAL FUN DAY

10:00 – 19:00 fun day with paddleboards for everybody

19:00-19:30 Sunset ride

#### SATURDAY 27/8/2022 ► LONG DISTANCE RACE (PFD + leash)

10:30 – 13:30 check-in

15:15 – Long distance race meeting

16:15 – Start Long distance

18:10 – Ceremony + Winner's Ceremony of the Czech Cup Series 2022

19:00 – Afterparty

#### SUNDAY 28/8/2022 ► SPRINT

9:00 – 10:00 check-in

10:30 – 10:45 Race meeting Sprint

10:45 – Start Sprint

14:30 Ceremony Sprint

---

### **1) STARTING FEE ON-SITE**

► OPEN/HOBBY – adults

1 den (day) or 2 dny = 1000 Kč/ 40 EUR

► JUNIOR

1 den (day) or 2 dny = 750 Kč/ 30 EUR

► KIDS 15

1 den (day) or 2 dny = 250Kč/ 10 EUR

► DRAGON TEAM CREW (4 pers.)

500 CZK Board rent + 100 CZK per person if not attending Sunday sprint

## 2) BOARDS AND CATEGORIES

- **OPEN**

Man/Woman board length up to 14'

**Sub-category:**

JUNIOR 18- Man/Woman born 2004 and later (2004, 2005, 2006 ...)

MASTER 40+ Man/Woman born 1982 and earlier (1982, 1981, 1980 ...)

SENIOR 50+ Man/Woman born 1972 and earlier (1972, 1971, 1970 ...)

iSUP - Man/Woman any inflatable board length up to 14', no age category

- **KIDS 15:** board length up to 12'6"

Man/Woman born **2007** and later (2007, 2008, 2009 ...)

**Podkategorie:** inflatable board length up to 12'6"

KIDS 12: Man/Woman born **2010** and later (2010, 2011, 2012 ...)

KIDS 9: Man/Woman born **2013** and later (2013, 2014, 2015 ...)

- **HOBBY:** any board up to 12'

Man/Woman = no age category

- **TEAM**

Crew: 4 persons, (man+woman+kids), the rule: one of the crew must be a women or a kid, Dragon SUP board size 22'x 34" (we have 4 boards on site)

● There must be 3 riders in one category at the minimum

● Czech ranking points for this race:

OPEN+ KIDS: 3000 points

HOBBY+TEAM : 500 points

● This race is also in the [SUP World Ranking](#).

## 3) RACING RULES

We race in accordance with [ISA Rulebook 2022](#) and Česká Federace Stand Up Paddle rules. Briefly:

Drafting: no-no combination man-woman/ woman-man/ boat-rider

Kneeling: max. 5 strokes

### **Buoy rules: Impeding Progress (ISA Rulebook 2022, pg48)**

1. A participant may not impede the progress of another participant while running, turning, or paddling
2. When approaching a buoy:
3. If two paddlers are "even" the paddler on the inside has right-of way.
4. Paddlers are considered even if neither paddler has more than half a board length lead.
5. If one paddler has half of their board ahead of the other paddlers nose, that paddler has the right of way, even if they are on the outside.

During the whole event the rider must avoid unsportsmanlike behaviour otherwise he risks penalisation or disqualification.

### **Unsportsmanlike conduct includes (ISA Rulebook pg49):**

- (a) Excessive physical harm using any part of the body, paddle, or board;
- (b) Using the board, paddle, or body in order to block a competitor from forward progress, turning, drafting, starting, or finishing;
- (c) Yelling at the start in order to create a false start;
- (d) Equipment abuse in any public or athlete accessible area.
- (e) Purposely impeding the ability of a competitor to paddle, turn, dismount, start, finish, or run.

**Protest:** has its own formal procedure. It will be announced on the race meeting.

### **Penalisation:**

- **Early start** = + 3minutes for long distance/ technical race
- **Not following the track (ex. missing the buoy)** = disqualification

---

## **4) REFRESHMENTS**

Small refreshments for the riders (water, fruits).  
There is a food court and a bar in the area.

---

## **5) ACCOMODATION**

<http://taboriste-zivohost.cz/>

---

### **Entry fees to the Camp**

- vstup na celou dobu akce Friday - Sunday/ adult 500,- Kč
- vstup na celou dobu akce Friday - Sunday /kid do 15 let 200,- Kč
- vstup na celou dobu akce Friday - Sunday /adult 300,- Kč (s vlastním paddleboardem)
- vstup na celou dobu akce Friday - Sunday /kid 100,- Kč (s vlastním paddleboardem)
- family vstupné na celou dobu akce Friday - Sunday 1 100,- Kč (max 2 dospělé osoby a 3 děti)
- family vstupné na celou dobu akce Friday - Sunday 800,- Kč uhrazené do 25.8. (max. 2 dospělé osoby a 3 děti)
- víkendové vstupné Saturday - Sunday /adult 450,- Kč
- víkendové vstupné Saturday - Sunday /kid 150,- Kč
- vstupné pouze Saturday/adult 400,- Kč
- vstupné pouze Saturday/kid 100,- Kč