

## Czech SUP Cup Series - Final race and Dragon paddleboards Open Championship

Three days race in the South Moravia – Vranovská pláž.

When: 21st-23rd August 2020

Where: Campsite Vranovská pláž [www.vranovska-plaz.cz](http://www.vranovska-plaz.cz)

[Google Map](#)

Important info: No dogs allowed in the campsite

Online registration Czech SUP Cup Series here: <http://cfsup.cz/paddle-golden-gate-vranov/>

Online registration Dragon paddleboards Open Championship here: <http://cfsup.cz/mcr-dragon-sup-2020/>

Please, register in advance for easier organisation on site.

Contact: [administration@cfsup.cz](mailto:administration@cfsup.cz)

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### PRE-SCHEDULE

► FRIDAY 21st August

12:00-14:30 Open REGISTRATION

12:00-15:30 Free training DRAGON board for riders and the public

16:00 **SPRINT** race

19:00 Winners ceremony

► SATURDAY 22nd August

8:30-10:00 Open REGISTRATION

11:00 **TECHNICAL** race

15:00 **DRAGON** paddleboards Open Championship – sprint race

18:00 Winners ceremony

► SUNDAY 23rd August

9:00-10:00 Open REGISTRATION

10:30 **LONG DISTANCE** race and **DRAGON HOBBY RACE**

13:00 Winners ceremony

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### 1) STARTING FEE ONLINE/ ON SITE

► OPEN/HOBBY – adults

1 day = 400 Kč / 2 days = 800 Kč / 3 days = 1000 Kč

► JUNIOR

1 day = 200 Kč / 2 days = 400 Kč / 3 days = 500 Kč

► DĚTI

1 day = 100 Kč / 2 days = 200 Kč / 3 days = 250 Kč

► DRAGON SUP TEAM

1 day = 400 Kč (100 Kč per member who doesn't start in a Czech Cup Series race)

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## 2) BOARDS AND CATEGORIES

### • OPEN

Men/Women, board length max. 14'

Sub-categories:

- JUNIOR - Men/Women born 2002 and later (2002, 2003, 2004...)
- MASTER - Men/Women born 1980 and earlier (1980, 1979, 1978...)
- iSUP - Men/Women – inflatable board max. length 14'

### • KIDS 15 (DĚTI) born 2005 and later (2005, 2006, 2007...)

Boys/Girls, hard or inflatable board max. 12'6"

Sub-categories:

- YOUNG - Boys/Girls born 2008 and later (2008, 2009, 2010..)

### • HOBBY

Men/Women, board length max. 12'

DRAGON hobby race during LONG DISTANCE

### • Dragon paddleboards Open Championship ( Saturday 22nd August)

Category:

- DRAGON SUP CREW: 4 members, min 1 man and 1 woman (could be substituted with a KID),
- DRAGON SUP BOARD: length max. 22' x 34", 4 riders in a row
- DISCIPLINE: SPRINT race, each team has its own turn buoy
- lending dragon board for the race guaranteed, included in a starting fee. Dragon boards will be at rider's disposal for the training since Friday 21st August – after the registration.

Online registration form DRAGON race: <http://cfsup.cz/mcr-dragon-sup-2020/>

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## 3) RULES

### SUP

Valid rules of the Czech Federation Stand Up Paddle([www.cfsup.cz](http://www.cfsup.cz)):

Drafting: in a gender (no-no combination man-woman/ woman-man), no drafting the boats

Knee ride: allowed 5 strikes after the fall

### DRAGON SUP

Valid rules [www.dragonworldseries.com](http://www.dragonworldseries.com)

1) A 'team' comprises 4 people on the board.

2) A team must remain the same for the duration of one race.

3) Start/ Finish line on water: All team members must be on the board and standing when crossing the start and finish line.

Start/ Finish line on the beach: All team members start with a run from the beach with board and paddle in their hand. Finish line on the beach: Counts the first team member running across the finish line with the paddle in his hand.

4) A maximum of three people are allowed to kneel at each buoy/turn.

5) While turning buoy, kneeling participants must stand after a maximum of 10 strokes (taken by the individual).

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## 4) ACCOMODATION

Campsite Vranovská pláž: [www.vranovska-plaz.cz](http://www.vranovska-plaz.cz) (camper van, tent, cabins)

Organizer doesn't provide the accomodation

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